THE SUN CHRONICLE

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New book looks at lunches



ASSOCIATED PRESS
The cover of "Everybody
Eats Lunch," by Cricket Azima and Titus V.
Thomas.

BY J.M. HIRSCH AP FOOD EDITOR

The lunchroom tradition of checking out what the other kids brought for lunch gets a global makeover in Cricket Azima's Titus V. Thomas' recent children's cookbook, "Everybody Eats Lunch."

The book introduces American children to typical lunches eaten by their peers in Brazil, Jamaica, Japan, Mexico and South Africa, and includes recipes for making the dishes at home.

This simple board book — which includes removable puzzle-like pieces printed with the recipes from each menu — is a great way of getting children excited about other cultures.



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